



And Hindley School Parents Association
Present

Letting Your Kids Fail: Building Resilience

With

Amanda Geffner, LCSW

Wednesday, February 11, 2015

7:00 to 8:30 pm

Hindley Elementary School

10 Nearwater Lane, Darien

Everyone faces obstacles. Even children need challenges to learn and grow. Yet, kids today are so sheltered they crumble when faced with difficult circumstances. All too often kids rely on their parents to do everything for them. Amanda Geffner, LCSW, will discuss why it's important to let kids fail and will give parents strategies to encourage independence and responsibility in their children.

Amanda Geffner is a Clinical Supervisor at Family Centers in Darien where she provides counseling and support groups for children and adults. Prior to joining Family Centers, Amanda was in private practice as a psychotherapist for over 15 years and for 7 years as a creative writing coach. She actively engages with clients, offering integrative listening, coping techniques and help with problem-solving. Amanda currently facilitates a young spousal bereavement group and a caregiver support group.

Registration is recommended:

www.ywcadariennorwalk.org/parent-awareness/489-upcoming-events

(Please note that registration is encouraged so that we may notify you directly about any last-minute program changes or parking information.)

Email pa@ywcadariennorwalk.org for questions.