



and

Hindley Elementary PTO

Present

How to Avoid Anger & Create Calm In Your House

With

Diane Hobbs

Tuesday, January 12, 2016

9:15 to 10:45 am

Hindley Elementary School

10 Nearwater Lane

Discover how to minimize conflicts and enjoy undistracted time with your children. This presentation will provide you with specific tools and teach you:

- What to Do When We Are Feeling Angry
- How to Keep From “Fueling the Fire” During Those Frustrating Moments
- Using Logical Consequences to Take Us Out of the Role of Punisher
- Getting Our Kids on Success Cycles
- Creating an Atmosphere of Encouragement

(Targeted to parents of children ages 4 – 11)

Diane Hobbs is a certified “Active Parenting” instructor who has been featured at the Father’s Forum in Greenwich, East School, South School and Saxe middle school in New Canaan, the New Canaan Library, and Pear Tree Point School in Darien. She is a former journalist, and elementary school teacher and she runs a series of local parenting classes through her company Parent Connections. She also works for Family Centers running Active Parenting classes at the Center for Hope in Darien. Diane has a Master’s degree in Elementary Education from Manhattanville College and a B.A. in Journalism from Southern Methodist University. She is the mother of four children (ages 14, 12, 11, and 9). She has been married for 17 years and she lives in New Canaan.

Registration is **FREE** and recommended:

www.ywcadariennorwalk.org/parent-awareness/489-upcoming-events

(Please note that registration is encouraged so that we may notify you directly about any last-minute program changes or parking information.)