



Preparing Boys
for the Long Run

Let Me Run is a 7-week running program just for elementary and middle school aged boys. Using a proven curriculum and passionate coaches, boys learn goal setting and teamwork, while developing resilience, confidence to be themselves and relationship skills.



Let Me Run

Join Let Me Run at Hindley School for Fall 2023!

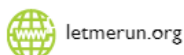
The Season

- Practice on Monday and Friday before school from 7:00-8:15 AM for 7 weeks at Hindley (practice is drop-off)
- The season begins Monday, September 18th with the last practice on Friday, November 3rd
- End of Season Celebratory 5k Race in November or December
- Team coaches are Jessie Prunell, Casey Sawicki, Andrea Burke, and Val Baron

The Details

- Open to boys from 4th-5th grade
- Registration September 10th-September 15, 2023 and is first come, first serve

To register, go to letmerun.org/registration



letmerun.org



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